

# IRIGHTS

## SUPPORTING CHILDREN AND YOUNG PEOPLE'S DIGITAL RIGHTS

*By Sky*

Project URL: [irights.uk/](http://irights.uk/)

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iRights are a set of principles that support children and young people's digital rights. They include the rights:

- To remove any content and data that they've created from their devices
- To know who is holding and profiting from their information
- To internet safety and support
- To make informed and conscious choices about their tech use
- To digital literacy

In regard to the 4th principle, Sky has recently developed an app that has a 'bedtime setting' so that parents can agree with their children a time for their device to shut down. A child can also receive a data record letting them know how much time they've spent on a device and what activities they've completed.

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