

BREAKING FREE ONLINE

TREATING SUBSTANCE MISUSE OVER THE WEB

By Breaking Free Group

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- Health
- Social Exclusion
- Internet

Breaking Free Online launched in 2011. It is a groundbreaking internet-based treatment and recovery programme for alcohol and drug abusers. It harnesses digital technology to make evidence-based psycho-social interventions more interactive, engaging and accessible than ever before.

The latest version of Breaking Free Online was introduced in 2013. It delivers a more tailored user experience, an expanded range of substances, and several powerful new functions, including continuous progress tracking and enhanced reward and reinforcement.

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